

## RESEARCH AND SURVEY

### **Mental Health Services In Orissa- A Preliminary Study:**

Swabhiman conducted a study on the existing scenario of Mental Health Services in Orissa, in the month of December 2003 with the support of Action Aid India. It included a survey of facilities, infrastructure and services being provided by both govt. and non-govt. institutions. It is estimated that mental health problems and mental illness will affect more than 20% of the adult population in their lifetime and between 10-15% of young people in any one year. Many will recover spontaneously and, of the remainder, the vast majority can be treated and will fully recover. However, a smaller number of people will experience longer periods of distress and disability.

Barriers to effective mental health care include: Lack of service providers, availability of small number of psychiatrists, unavailability of proper trained staff in the hospitals, inadequacy of quality of care and cultural taboos etc.

Types of facilities or services available: Inpatient care at a general hospital with a psychiatric unit or private clinics, residential treatment in the hospitals, poorly equipped drug de-addiction centers, nursing home with mental health capacity, only in urban areas (e.g.-. Mind, Bhubaneswar and Prasanti, Rourkela) etc.

### **Access Audit:**

Swabhiman has conducted a study on 'Access Audit' to know how barrier free/accessible Orissa is! This audit was held in all the 30 districts of Orissa. The government buildings, educational institutions, health care set-ups, market complex, transport units etc. of all the districts were covered in the perview of this study. The study is expected to have its impact in creating barrier free environment for the persons with disabilities.

### **Highlights of the Study :**

The report has revealed that the status of physical Access in public and private institutions in the entire 30 district's Headquarters of Orissa is highly inaccessible and disabled unfriendly owing to existing multiple architectural barriers and lack of essential access facilities in office buildings for use by people with varied disability. The overall level of inaccessibility stands at 84%. A comparison between the level of access in the three key dimensions of physical Access namely; structural access, Utility access and Communication access and the 3 main disability categories (Orthopedic, visual and Hearing impairments) indicate that the situation is worse of for communication access where 93% of of buildings audited were found to lack essential communication features such as signages and auditory signals. This presents a major discrimination to people with visual and sensory disabilities. Virtually 77% of the institutions are rendered inaccessible owing to major structural access barriers such as inaccessible office entrance and lack of ramps or slopes. This situation incapacitates free movement and access for orthopedically challenged persons especially the wheel chair users. Access to essential public utility facilities such as toilets, water etc are in deplorable condition as indicated by 80% inaccessible level. They fail to meet the recommended access standards that can guarantee easy access for PWDs. A detailed analysis of specific access features& facilities within each access dimension and disability categories indicate that 85%, 72% and 60% of the institutions do not have ramps, accessible office entrance and service counters respectively which are key to structural access. 91% and 60% of

institutions lack accessible toilets and water taps respectively which are among the essential utility services. Important communication facilities such as signage and auditory signals in most of the institutions are lacking as indicated by 96% and 98% respectively.

A comparison between different institutions reveal that the level of access among Institutions in Orissa is poor where Community places, (such as public halls, marriage Mandaps, Temples), Police & Judicial institutions, financial institutions, other social organizations, and Government offices are the most inaccessible at 90%, 86% and 84%, 82% and 76% levels respectively. Corporate institutions & businesses, transport service institutions and main public hospitals are found also to exhibit relatively high levels of inaccessibility as indicated by 72% and 71% and 73%, respectively.

### **Domestic Violence Against Disabled Women and Girl Child:**

Swabhiman has conducted the first ever study in India on **Domestic Violence Against Disabled Women and Girl Child** with the support from OXFAM. The study covered eleven districts in Orissa with a sample size of 729 respondents inclusive of all categories of disabilities. The aim of the study is to establish the nature and magnitude of violence, quality of life and the mental health status of women and girls with disabilities. The age group covered included Women and Girls of between 14- 40 years. The study is one of its kind in Orissa and it highlights important findings on the above subject. The results are expected to have importance in formulation of state based policies to make the lives of women with disabilities better. The report of this study was released on 16th of February this year.

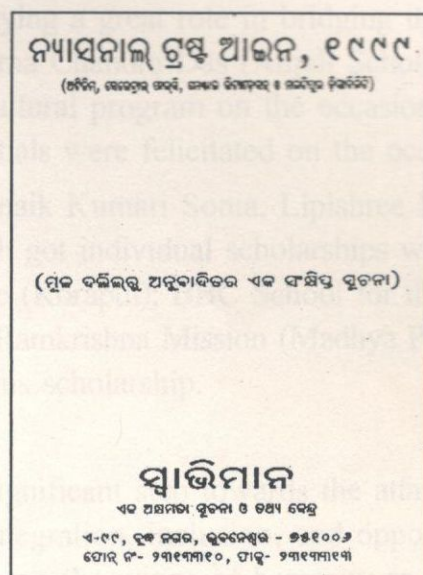
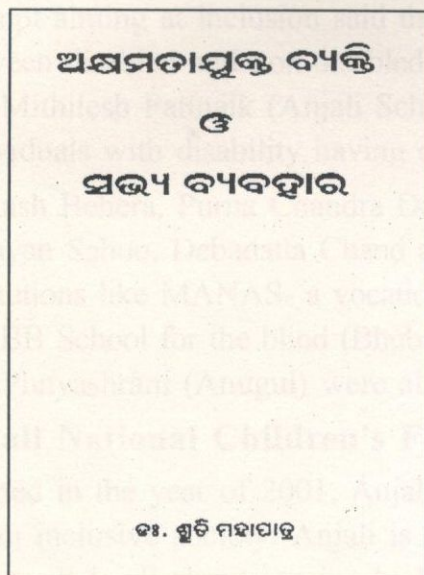
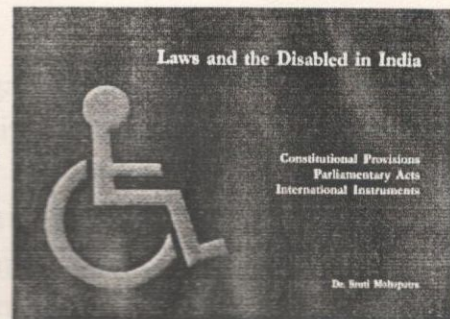
#### **Highlights Of The Study**

- ❖ Only 65% of physically disabled and 58.7% of mentally challenged get to eat three meals.
- ❖ Only 42% of respondents (mentally challenged) take bath on a daily basis, 38% comb their hair and 43% change clothes.
- ❖ Only 27% of physically disabled and 31% of mentally challenged women getting access to medical and health services.
- ❖ Only 19 % women who are mentally challenged get an opportunity to participate in social gatherings and 26% in religious festivities.
- ❖ 32% of women in the study group were married among OH, 38.2 among VI, 50 among HI and 18.6 among the MC
- ❖ Disabled women were perhaps used as scape goats or an outlet for relieving anger and irritation as most cases, 67% among OH/VI/HI and 46.2% among MC, were beaten for no reason
- ❖ 12.6% of the physically disabled respondents reported having been raped and 15% confessed to being pinched and uncomfortable touching. The incidence was higher among the mentally challenged where 25% reported rape and 19% being pinched and uncomfortable touching.
- ❖ In the report 20% physically disabled and 22% mentally challenged women reported being forced into sex or raped by family members.
- ❖ In our study 6% physically disabled and 8% mentally challenged women reported being sterilised by their families.

## PUBLICATIONS

### Laws And The Disabled In India:

A Book titled **Laws and The Disabled in India**, authored by Dr. Sruti Mohapatra has been published. The book carries information regarding constitutional provisions and laws in post and pre independence era for PWDs.



### Disability Etiquette- Oriya :

The Oriya version of Disability Etiquette has been published this year. This book is a guide for all of us in interacting and communicating with persons with disabilities.

### National Trust Act-

#### Oriya:

A simplified version of National Trust Act has been published in Oriya.

### Speaking Through Posters:

Swabhiman has developed posters on violence against disabled women.

### Blue File:

Volume-3, Issue-1 (January to March)

Volume-3, Issue-2 (April to June)

Volume-3, Issue-3 (July to December)

**News Letter:** Two issues of "Giant Leaps Forward" have been published.

Volume-2, Issue-1 (January to April)

Volume-2, Issue-2 (May-December)

## SPECIAL PROGRAMME

### **Anjali Felicitation Ceremony:**

On 14<sup>th</sup> May 2004 Anjali Felicitation Ceremony was organised at Hotel Crown at 3 PM. Mr. Tom Olsen, State Representative- UNICEF, Orissa joined the program as the Guest of Honour and Her Excellency, Smt. Sushila Rajendran, the Lady Governor graced the occasion as the Chief Guest. Dr. Sruti Mohapatra, Chief Coordinator- Project Anjali welcomed all and briefed the aim and objectives of Anjali. She also narrated about the success of this event over the years. Mr. Tom Olsen emphasised on the need and importance of inclusion and integration. Smt. Rajendran lauding Anjali as an exclusive attempt aiming at inclusion said that it has been playing a great role in bridging the gaps between disabled and non-disabled children. Mr. Purna Chandra Das (Anjali Scholar) and Mr. Mithilesh Pattnaik (Anjali Scholar) presented cultural program on the occasion. Nine individuals with disability having outstanding potentials were felicitated on the occasion.

Prakash Behera, Purna Chandra Das, Mithilesh Pattnaik Kumari Sonia, Lipishree Mishra, Narayan Sahoo, Debadatta Chand and Poonam Singh got individual scholarships where as institutions like MANAS- a vocational training centre (Koraput); BBC School for the Deaf and BB School for the blind (Bhubaneswar); Roshni, Ramkrishna Mission (Madhya Pradesh) and Punyashram (Anugul) were also recipients of this scholarship.

### **Anjali National Children's Festival- 2004:**

Started in the year of 2001, Anjali is a small but significant step towards the attainment of an inclusive society. Anjali is an endeavor at integration, inclusion, and opportunity galore. It is all about soaring high above prejudice on the wings of harmony and love, releasing the creativity from within and illuminating the university of human spirit.

This year among the total participation of 1200 children, about 100 participants from nine different states made their ways to this wonderful occasion covering miles, making it a national level event. In these years Anjali has not only grown in shape and size, but more importantly it has been able to provide the underprivileged children, apart from disabled ones, a huge platform to interact.....

**Inauguration:** Amidst an exuberant gathering of more than 836 participants, 200 escorts and thousands of visitors, Anjali- National Children's Festival was inaugurated by the Honourable Chief Minister- Mr. Naveen Pattnaik. Among others were Mr. Nagendra Pradhan, Honourable Minister- School & Mass Education, Smt. Pramila Mallick, Honourable Minister- Women & Child Development, Dr. S.B. Agnihotri- Secretary W & CD Department, Dr. Sruti Mohapatra- Chief Coordinator Anjali National Children's Festival and Smt. Aparajita Sarangi- Chairperson Anjali National Children's Festival.

**Workshops:** Ranging from artistic fervor to scientific interpretation of life a total of 13 workshops were organized keeping in concern the interest of the children. While workshops like Dance, Music, Craft, Fine Art, Pottery and Terracotta, Puppetry, Theatre, Sand Art and Creative Writing were exclusive attempts to polish and prop up the creative potentials of children from all walks of life, the Space Science workshop provided them

some rare opportunities to explore the world through the eyes of science. The Nature's Workshop aimed at unraveling the mysteries of nature and enhancing their outlook towards it. Workshops like Photography and Filmmaking & Appreciation were very educating and entertaining as well. Eight of the workshops were rotational and the rest five were fixed ones.

**New Dimensions:** Anjali this year also provided the children the opportunity to enjoy the company of some renowned persons of Orissa excelling in different fields. On the other hand it also made the celebrities conscious of some facts and issues of the children. Cine Artists like Mr. Sidharth Mohapatra, Ms. Ushashi Mishra and Ms. Jyoti Mishra spent times with the children interacting with them and viewing their programs and performances. Mr. S. Satyaprangya an eminent chess player also spent hours with the children encouraging them. Besides, an eminent Gandhian and the founder member of the National Youth Project won the heart of one and all with his encouraging talk and tips. And for children these were some exceptional and exciting moments. Besides, the presence of Mr. Sudersan Pattnaik, noted sand artist as the resource person was another attraction of the camp. During the afternoon hours on each day, children and escorts walked around in the Adivasi ground forming a colorful carnival. Dressed in different costumes and characters, dancing on the drum bits and singing all along the way with enthusiasm and energy, the children represented their districts and states.

## TRAINING PROGRAMS CONDUCTED

### Training Program On Disability:

A training programme on General Disability was organised by Actionaid- Bolangir from 3<sup>rd</sup> September to 5<sup>th</sup> September 2004 in which Mr. Mihir Mohanty, Coordinator- Swabhiman, Ms. Madhumita Ray, Programme Manager- Actionaid and Mr. R.K. Sharma, Rehabilitation Officer- VRC imparted training as the resource person. The training programme aimed at sensitizing the grassroot level workers, enhancing their understanding regarding disability and motivating them to include disability as a part of their work. Swabhiman provided training materials for this.

## OTHER ACTIVITIES AND INITIATIVES

### **Celebration of the World Disability Day:**

In celebration of the World Disability Day, a colourful and inclusive carnival of children and adults was organized on 3<sup>rd</sup> December, 2004 by Swabhiman with the support of VSO. The carnival was also followed by a press meet on the very day. Besides generating awareness about the essence and importance of this day, the carnival was a sweeping attempt to make the society realize inclusion as an inevitable and urgent need in the present scenario.

Flagged off at 10.45 AM the carnival started from Master Canteen Square. In solidarity to this children and adults from other organisations and associations like Ruchika Social Service Organisation, Aaina, Deaf Association, NSS, Haemophilia Federation, AKASH, All Orissa Orthopedically Handicap Welfare Association, Inner Wheel Club Bhubaneswar Royal, Orissa Association for the Blind, Deaf School- Pallaspathi and Orissa Association for the Deaf joined in to make a massive gathering of more than 500.

Being an exquisite collection and combination of different groups like culture, mythology, religion and dance both folk and modern, the carnival conveyed disability related information with a special focus on inclusion. Children and adults dressed in different costumes and characters like *Goddess Durga*, *Lord Jagannath*, *Priest*, *Father* walked through carrying posters, banners and placards in their hands. Children also danced to the tune of folk and regional songs making the carnival a vibrant one. Volunteers during the carnival distributed leaflets to the passersby. To its true success the carnival not only riveted rampant public attention while making its way from Master Canteen to NIYA Ground, many pedestrians could not stop themselves walking alongside the carnival curiously asking about the aim and objective of the carnival.

### **.A Unified Celebration:**

On the very day 18 district partners of OSDN also organised carnivals, rallies and meetings in order to celebrate the World Disability Day and to leave a state wide impact on the Government and the society as a whole.

### **Economic Empowerment For Youth With Disability:**

During a meeting with the Honourable Governor Mr. Rameswar Thakur in the month of November the Honourable Governor proposed Dr. Sruti Mohapatra for an economic empowerment programme for the youth with disability. In this connection Swabhiman collected 104 applications from Jagatsinghpur, Mayurbhanj, Puri and Nuapara and forwarded those to the office of the Governor.

### **Eighth International Congress And Global Summit:**

Dr. Sruti Mohapatra lead a team of two from Orissa, India to participate in the **8<sup>th</sup> International Congress held in Norway** in June. The other member of the delegation was Mr. Santosh Sarangi, Director, DPEP attended from India. The congress was an eye opener in many ways. The workshops focused around 2 things:

**Developing Countries:** Taking steps towards inclusion.

**Families:** Moving towards full citizenship – how families, family organization, and NGOs and work together to promote Inclusion.

In September Dr. Sruti Mohapatra represented India in the **World Summit held at Canada**. Emphasis was on highlighting the achievements of disabled community as also focusing on 'every person is unique'. She presented two papers on 'Innovative Education – Project Anjali' and 'Disabled Women in Orissa'.

### **Aids And Appliances Distribution Camp:**

Swabhiman joined hands with Red Swostik, a Mumbai based organization to provide aids and appliances to physically challenged persons. The candidates have been short-listed and soon a camp will be held by Red Swostik Orissa Chapter in collaboration with us for distribution of aids and appliances.

## **TRAINING PROGRAMS, WORKSHOPS AND SEMINARS ATTENDED BY SWABHIMAN MEMBERS**

### **Dr. Sruti Mohapatra:**

#### **EASTERN REGIONAL MEET ON SOCIAL DEFENCE:**

A workshop on "Eastern Regional Meet on Social Defence" at Hotel Keshari on 23rd and 24th March 2004 organised by Dept. of Women and Child Development Govt. of Orissa and Orissa, State Council for Child Welfare. In the workshop Dr. Sruti Mohapatra presented a paper on **"Inclusive And Innovative Education – Reaching Out To The Unreached Children"**

#### **EIGHTH INTERNATIONAL CONGRESS:**

Dr. Sruti Mohapatra led a team of two from Orissa, India to participate in the **8<sup>th</sup> International Congress held in Norway** in June. The other member of the delegation was Mr. Santosh Sarangi, Director, DPEP attended from India.

#### **WORLD SUMMIT AT WINNIPEG, CANADA:**

In the month of September Dr. Sruti Mohapatra attended the World Summit as the only representative from India and from Asia-Pacific she was one among the 14 representing 50 countries.

#### **CONSULTATION ON "MILLENNIUM DEVELOPMENT GOALS":**

On 30th October 2004 Dr. Sruti Mohapatra attended a state level consultation on a national campaign titled "Wada na Todo" which was held at CYSD-DRTC. The consultation aimed at pressurizing the Government to implement on the Millennium Development Goals(MDGs).

#### **DRAFT INCENTIVES POLICY:**

Dr. Sruti Mohapatra attended the consultation on "Draft Incentive Policy" to promote employment opportunities for disabled people in the corporate sector. This was organized by NCPEDP (Smt. Sonia Gandhi is the Chairperson of this trust). Along with members from finance ministry, CII, FICCI we were 15 representative members of the disabled community, from all over India, deliberating the various facets.

#### **ROUND TABLE ON DISABILITY AND DEVELOPMENT:**

The Round Table on Disability and Development was organised by B.P.O. and supported by Health Link International. Held from 24th to 26th February 2005 it was the second in the series of 3 round tables, the first being held at Malawi and the third to be held at

Cambodia. Dr. Sruti Mohapatra attended the meet. The emphasis of the Roundtable is to encourage inclusion through mainstreaming disability with development activities. Round Table participants included representatives from World Bank, D.F.I.D., IIM Ahmedabad, VSO, Handicap International and neighbouring countries like Pakistan, Bangladesh, Srilanka and from Africa and South East Asia. The participants discussed in details the process of exclusion, barriers to inclusion and various steps to overcome those.

#### **Mihir Kumar Mohanty:**

##### **NCPEDP SOLIDARITY RALLY AND WORLD SOCIAL FORUM:**

Participated in the rally organised by NCPEDP at the World Social Forum held at Mumbai from 13<sup>th</sup> to 19<sup>th</sup> January 2004. The rally focused on highlighting disability issues at the conglomeration. He also participated in the World Social Forum.

##### **TRAINING PROGRAMME ON DISABILITY:**

A training programme on General Disability was organised by Actionaid- Bolangir from 3<sup>rd</sup> September to 5<sup>th</sup> September 2004 in which Mr. Mihir Mohanty, Coordinator- Swabhiman imparted training as a resource person. The training programme aimed at sensitizing the grassroot level workers, enhancing their understanding regarding disability and motivating them to include disability as a part of their work. Swabhiman provided training materials for this.

##### **TRAINING PROGRAMME ON ACCESS AND INCLUSION:**

A training programme on "Access and Inclusion" was organised by OSDN in collaboration with PKK on 1<sup>st</sup> September 2004 at the conference hall of "Nabakrushna Choudhury Developmental Studies". Resource persons like Mr. C.R. Dash, Asst Director-DPEP, Smt. Pravati Mishra, Director-Teachers Training Centre imparted training to 40 participants. Mr. Mihir Mohanty, Ms. Sanghamitra Mohapatra and Ms. Tarangini Mohanty from Swabhiman attended the training. Swabhmian helped in organising the programme.

#### **Lipika Mohapatra, Advocacy Consultant:**

##### **FOURTH WORLD SOCIAL FORUM:**

Attended the World Social Forum which was held at Mumbai from 13<sup>th</sup> to 25<sup>th</sup> January 2004. A 61 member team from different partner organisations of Action Aid attended it with the support of Action Aid Regional Office, Bhubaneswar. World Social Forum was an open forum for anyone searching for alternatives to globalisation. The slogan of WSF was "Another World is Possible Let's Build it."

##### **STATE LEVEL T.L.M. EXHIBITION ON I.E.D. AND WORKSHOP ON INCLUSIVE EDUCATION:**

Attended State Level T. L. M. Exhibition on I. E. D. And Workshop on Inclusive Education on 24<sup>th</sup> and 25<sup>th</sup> Feb 04 at Yatrivas, Konark organized by Orissa Primary Education Programme Authority (OPEPA)

The Workshop Focused on:

- Importance of Inclusive education
- The steps was taken by OPEPA/DPEP for improvement of Inclusive Education
- Importance of Teaching Learning Materials (TLM). How Teaching Learning Materials help to over come the huddles a disabled child faces during learning

**Saibalini Nayak:****FOURTH WORLD SOCIAL FORUM:**

Attended the World Social Forum which was held at Mumbai from 13<sup>th</sup> to 25<sup>th</sup> January 2004. A 61 member team from different partner organisations of Action Aid attended it with the support of Action Aid Regional Office, Bhubaneswar. World Social Forum was an open forum for anyone searching for alternatives to globalisation. The slogan of WSF was "Another World is Possible Let's Build it."

**WE CAN CAMPAIGN TO END VIOLENCE AGAINST WOMEN:**

Led a delegation of eight members including seven physically challenged and participated in the National Level Youth Forum organised by OXFAM from 25<sup>th</sup> to 26<sup>th</sup> Nov 2004 at New Delhi.

**WORKSHOP ON DEVELOPING MEDIA ADVOCACY STRATEGY ON ENDING VIOLENCE AGAINST WOMEN:**

Attended the workshop on Developing Media Advocacy Strategy on Ending Violence against Women was organised by – OXFAM, in collaboration with Indian Institute of Mass Communication, Dhenkanal to work with development agencies and NGO's to build media advocacy strategies to end violence against women.

**Training Program On Laws Related To Women:**

Attended a training program on Laws Related to Women, organized by Task Force on Women and Violence from 3<sup>rd</sup> -5<sup>th</sup> February 2005 at CYSD, Bhubaneswar. The training program focused to enhance the knowledge of the participants on aspects like violence against women and Indian Legal System, Constitution and its provision, Criminal procedures, Labor Laws on Women, Domestic Violence and Laws related to it.

**Tarangini Mohanty:****TRAINING PROGRAMME ON ACCESS AND INCLUSION:**

Attended the training programme on "Access and Inclusion" organised by OSDN on 1<sup>st</sup> September 2004 at the conference hall of "Nabakrushna Choudhury Developmental Studies". The training program focused on various aspects of Access and Inclusion.

**Sanghamitra Mohapatra:****TRAINING PROGRAMME ON ACCESS AND INCLUSION:**

Attended the training programme on "Access and Inclusion" organised by OSDN on 1<sup>st</sup> September 2004 at the conference hall of "Nabakrushna Choudhury Developmental Studies". The training program focused on various aspects of Access and Inclusion.

**Sambit Mishra:**

Attended the second census data dissemination workshop held on 9<sup>th</sup> August 2004 and the third census data dissemination workshop held on 29<sup>th</sup> December.

**Peter Nderitu :****Training Program On Laws Related To Women:**

Attended a training program on Laws Related to Women, organized by Task Force on Women and Violence from 3<sup>rd</sup> -5<sup>th</sup> February 2005 at CYSD, Bhubaneswar. The training program focused to enhance the knowledge of the participants on aspects like violence against women and Indian Legal System, Constitution and its provision, Criminal procedures, Labor Laws on Women, Domestic Violence and Laws related to it.

## WORKING WITH OXFAM

### Inter College Workshop:

An inter college workshop on 'Violence Against Disabled Women and Girl Child' was held at Redcross Bhawan on 25<sup>th</sup> April 2004. The workshop was organized by Swabhiman and supported by OXFAM India Trust. About 39 students from B. J. B. college, Biju Pattnaik college, Utkal Sangeet Mahavidyalaya, Maharshi College of Natural Law, Ekamra College, Dhenkanal College, Rajendra Autonomous College, Bolangir; N. C. Autonomous College, Jajpur; Kapilash Mahavidyalaya, Dhenkanal; Nilachal Polytechnic Civil Engineering, Pipili College participated in the workshop.

### National Level Youth Forum:

Swabhiman sent a delegation of 8 members including 7 physically challenged to participate in the National Level Youth Forum to end all type of violences against women and promote gender equality held from 25<sup>th</sup> Nov to 26<sup>th</sup> Nov 2004 at New Delhi. It was organized by OXFAM.

**Domestic Violence Against Disabled Women and Girl Child:** Swabhiman has conducted the first ever study in India on **Domestic Violence Against Disabled Women and Girl Child** with the support from OXFAM. A total twelve districts have been mapped in this study. The report of this study will be released on 16th of February this year.

## WORKING WITH VSO

### Placement Of Volunteer:

Under the volunteer placement program of VSO India, Mr. Peter Nderitu from Kenya has joined Swabhiman. In his two years of volunteership tenure he would be supporting Swabhiman in the research and documentation works.

### Celebration Of The World Disability Day:

On 3rd December 2004 Swabhiman organised a colourful carnival to celebrate the World Disability Day. The carnival was flagged off at Mastercanteen Square and made its way through to NIYA Ground, AG Square. Comprising of disabled people, children and college students the carnival conveyed disability related information. A press meet was also arranged on the occasion.

## WORKING WITH UNICEF

### Anjali National Children's Festival:

Alike yester years this year also UNICEF rendered splendid support in organising Anjali National Children's Festival. Nearly 1200 children including 100 participants from nine different states participated in the event. A total of 13 workshops namely Dance, Music, Craft, Fine Art, Pottery and Terracotta, Puppetry, Theatre, Sand Art and Creative Writing, Space Science workshop, Nature's Workshop, Photography and Filmmaking & Appreciation were conducted during the event days from 14th to 18th November 2004.

### Accounts Statement - 2004

| Salary                              | Rate  | Amount        | Expenditure     |
|-------------------------------------|-------|---------------|-----------------|
| Executive Director                  | 6000  | 72000         | 72000           |
| Honorarium for advocacy coordinator | 3300  | 39600         | 39600           |
| Honorarium for documentationist     | 3000  | 36000         | 36000           |
| Honorarium for accountant           | 3850  | 46200         | 46200           |
| Honorarium for consultant           | 8000  | 96000         | 96000           |
| <b>Total</b>                        |       | <b>289800</b> | <b>289800</b>   |
| Programmes                          |       |               |                 |
| Access Audit                        | 20000 | 20000         | 9069            |
| Printing                            | 3300  | 40000         | 79020           |
| Dissemination Workshop              | 20000 | 20000         | 10030           |
| Dissemination at regional level     | 4000  | 8000          | 2725            |
| <b>Total</b>                        |       | <b>88000</b>  | <b>100844</b>   |
| Overheads                           |       |               |                 |
| Stationary                          | 600   | 7200          | 8652            |
| Xerox                               | 1000  | 12000         | 17383           |
| Telephone/Internet                  | 1200  | 14400         | 3336.5          |
| Postage                             | 1000  | 12000         | 13820           |
| Electricity                         | 500   | 6000          | 3776            |
| Local and outstation travel         | 2000  | 24000         | 28744           |
| Newspaper and periodicals           | 500   | 6000          | 3326            |
| Room rent                           | 2500  | 30000         | 25330           |
| AMC of Computer                     | 6000  | 6000          | 8400            |
| Contingency                         | 5000  | 5000          | 8051            |
|                                     |       | <b>122600</b> | <b>120818.5</b> |
| <b>Total</b>                        |       |               |                 |
| <b>Grand Total</b>                  |       | <b>500400</b> | <b>511462.5</b> |